



Co-funded by the  
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# Travel To *Poland*

**Our goal: Environmental  
Sustainability.**

The good practices to reduce the waste of  
paper, water, food and other materials at  
school.





# Earth's Breath

Earth's breath  
it gives us all  
the sky, the woods  
the ocean call.

A simple act can lend a hand,  
recycle, sow, protect the land.

Let's plant new trees, slow down the haste,  
each action matters, no time to waste.

Together, we can strive,  
for a future we'll keep alive...





# eco City

## Żyrardów



Żyrardów, a Polish city founded in 1833 as a textile centre, is known for preserving its old 19th century factories and adapting them to modern requirements. The town is 10 kilometers from Puszcza Mariańska, a forest protected by tree-cutting laws.

In the city you can find an eco-park that was built to disconnect people from technology and from the daily life.

You can also find Reco Mat in shops, machines that let you return glass and plastic bottles that you used and you can earn a little amount of money.

Common public fridges are settled around the city to save leftovers.







# eco city

## Puszczza Mariańska

It's a city surrounded by woods where the school LO Tanski is located. In this school there are many projects for helping environment, such as forest cleaning and planting new trees.







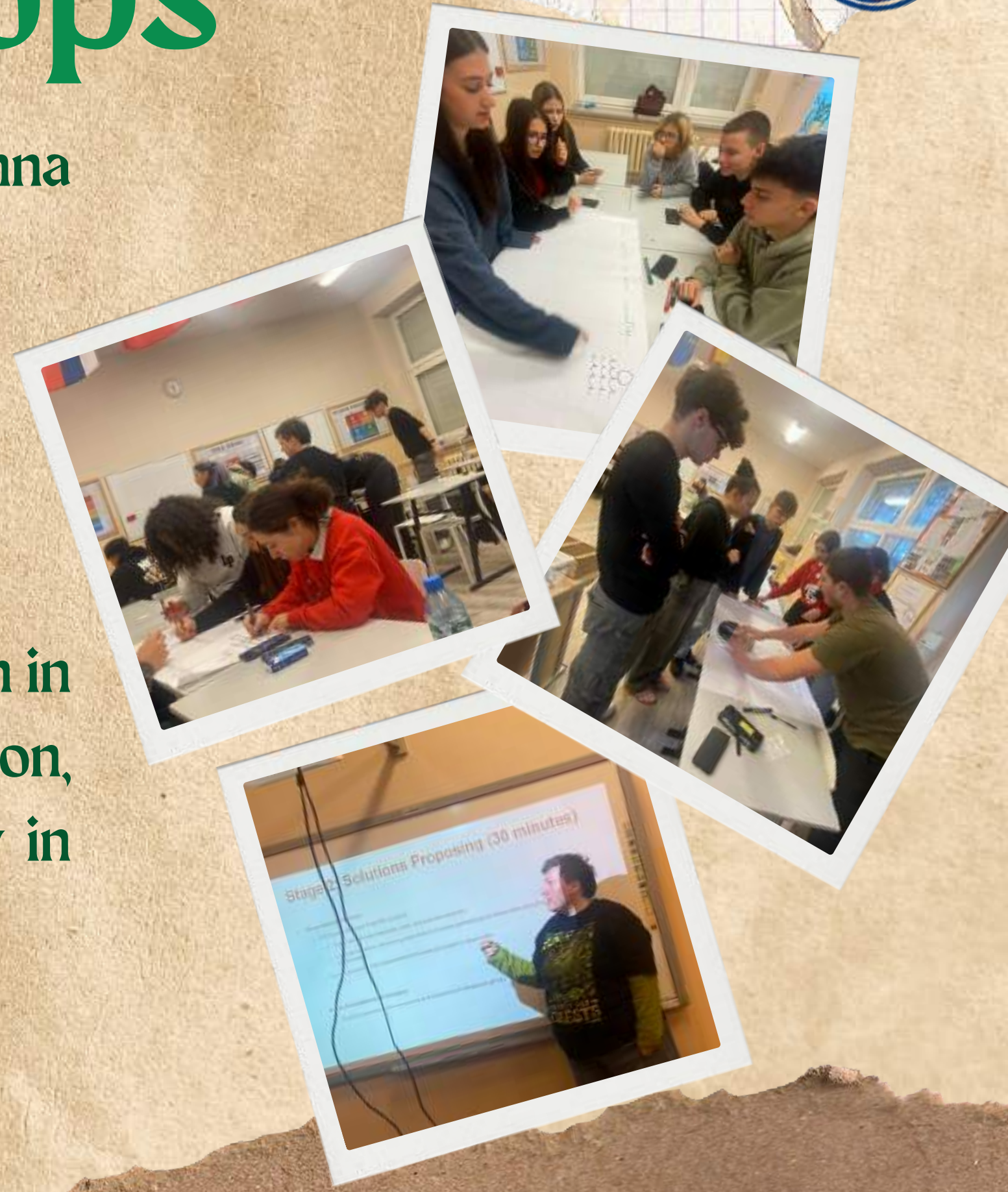
# eco workshops



During our eco-workshop with biology teacher Anna Traut-Seliga we learnt about many topics, such as:

- differences between countries talking about water;
- useful habits to try to save water;
- permaculture.

We also made final products about water consumption in households, water in agriculture and food production, impact of industry on water resources, water scarcity in our countries.







# Permaculture



The term permaculture is the contraction of "permanent culture". Permaculture is based on 3 fundamental principles: taking care of the earth, taking care of man, sharing resources equitably. A permaculture experimentation has also started in Tański highschool.

The advantages of permaculture are:

1. Safeguarding the planet's resources
2. Promoting biodiversity
3. Permaculture products are organic
4. It requires less work and energy
5. It is healthier
6. It saves land







# eco leisure



Suntago Water Park is located in Wręcza and is the largest indoor water park in Europe. This park:

- Uses water recirculation systems to treat and reuse water several times.
- Uses efficient technologies such as energy-saving pumps and filters to reduce water and energy consumption.
- Carries out regular maintenance to prevent water leakage and loss.





# eco food

ECO-FRIENDLY

## Pola Lnu

Pola Lnu is a restaurant that follows a zero-waste approach by buying only the right amount of food, to reduce waste. As a small business, they typically don't have significant leftovers, but when they do, instead of throwing them away, they give them to a man who takes care of them. This man then uses the leftovers to feed his chickens, creating a virtuous cycle that respects the environment and makes the most of every resource. It's a great example of how a business can be sustainable and resource-conscious.





# eco style

In Tanski Highschool there are really nice and sustainable practices to reduce waste of materials.

There is a project that gives clothes a second life. You can donate the clothes that you don't need anymore and someone else can buy them for a really low price.





# Flip it, bin it, recycle it

In Puszcza Marianska there is a good habit which invites people to use less paper. A limited amount of paper ready to use is given to LO tanski high school and it helps the students consuming less paper.





# Eco Tansky

Tall trees like towers  
protect the borders  
of a sacred place,  
a fertile garden,  
a school.

Inside of it  
thinking heads

and beautiful minds  
prepare the advent  
of a better future  
to foster love  
Respect and care  
for earth, for people, for nature  
Thanx Tansky!!!





**Grazie per tutto**



**Thank you for everything**

**Dziękujemy za wszystko**